

Demographic Reporting Form

Individual – 2nd Quarter Totals

Positive Alternatives

Dates: Grant Year 2017-2018

Grantee Name: Pregnancy Options LifeCare Center

1. Client Age Range:

Under 15	15-17	18-19	20-24	25-29	30-34	35+	Unknown age
0	1	0	3	3	5	1	0

2. Client Pregnancy Status:

1st Trimester	2nd Trimester	3rd Trimester	Post-partum	Pregnancy Status Unknown	Other (Father or Grandparent)
2	4	5	2	0	0

3. Client Marital Status:

Married	Not Married	Marital Status Unknown
7	6	0

4. Client Race:

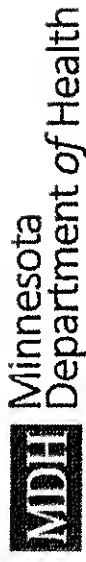
Race: White	Race: African American	Race: African-African	Race: American Indian	Race: Asian Pacific	Race: Other/ Multi Race	Race: Unknown
3	2	8	0	0	0	0

5. Client Ethnicity:

Hispanic Ethnicity Yes	Hispanic Ethnicity No	Ethnicity: Unknown
2	11	0

6. Client Type:

Mother	Father	Grandparent	Other
13	0	0	0



Positive Alternatives 2016 - 2019 Quarterly Update

Grantee (Name and city): Pregnancy Options LifeCare Center, Faribault

Contact: Gina Little

Phone and Email: 507-332-7644 gina@polifecare.com

Goal: To provide positive alternatives to abortion to pregnant and parenting women in Southeastern MN.

For the period/quarter: 6th quarter

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide guidance to grant paid staff, attend required grant meetings, hire new grant staff as needed		We went as a staff to a leadership conference and were trained in better communication as leaders. Two staff are working on Life Coaching certification. We continue to evaluate the staff needs.	
Outreach	Contact schools, churches, clinics, social service agencies, service clubs and shelters and alert them to our services at Pregnancy Options		Our outreach has been impactful and relationships being built with collaborative partners. We continue to seek opportunities within our community to educate on our services.	
Case Management Services	Providing incentives for attending monthly prenatal doctor appointments	8-9	The use of the cell phone has allowed clients an opportunity to reach us regarding struggles, appointments and changes in their case. It allows for case follow-up in a non-threatening manner and creates an avenue for additional support and encouragement.	157
Medical Services	Provide program eligibility assessment, pregnancy testing and counseling.	8	Raising awareness about our pregnancy testing, STI testing and medical counseling (as appropriate) is a continuing endeavor.	3

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Mentoring Programs – Support Carrying Baby to term	Provide a Life Coach approach to self sufficiency	12	We continue to offer opportunities to engage our clients in goal setting and life coaching to become self-sufficient and confident in parenting and as a person by equipping them to take life affirming actions.	44
Parenting Education	Provide Parenting Education Program	37	A variety of topics are offered to clients that include child safety, child development and child bonding, equipping them with parenting skills to raise safe, healthy children. We continue to expand our curriculum to better assist the ESL clients.	111
Pregnancy education and Support of Healthy Behavior	Provide education and services to support healthy pregnancy behavior, increase knowledge of the benefits of early prenatal care, use of folic acid, good nutrition, exercise, smoking cessation, reducing/eliminating alcohol/drug use	8 -9	Offering opportunities to our expecting mothers to learn fetal development and how to best take care of their changing bodies to best prepare them for the days and months ahead. We continue to offer classes on healthy eating, hazards during pregnancy as well as labor readiness.	32
Provide Necessary Services to all clients	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	150	Continuing to assess client needs assists in providing necessary service referrals to promote healthy living conditions, basic needs of food, clothing, by collaborating with St Vincent de Paul, Public Health, Salvation Army, Wic, and many other services in our community.	42

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Provide Necessary Services Assessments Only	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals	2	We continue to offer referrals to other agencies to clients empowering them to access the necessary services they need to move forward with their unique situations.	5
Support to Women to Increase their Ability to Become Self-Sufficient	Provide Parenting Education Program	25	Offering life affirming skills to our clients equips them with day to day skills empowers them to become self-sufficient and grow in a positive direction.	52

Maternal and Child Health Initiative Task Force Strategies		Na.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>		0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>		6
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>		5
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>		0
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>		11
<i>Number of women who received sleep safety education only from a PA funded program activity</i>		27

Challenges:

We have noticed a change in our demographic in age and ethnicity of our clients. We are actively working to replace posters in the community. We will continue to assess this and seek opportunities to enhance our exposure in the community. This quarter was a challenge as staff had personal issues which lessened availability to work in the center which lessened the number of appointments this quarter.

Comments:

With the addition of the cell phone we were able to talk a stressed mother down from what could have been a potentially disastrous event. We are busy with our evaluation of safe sleep. Have had many conversations with grandparents and educating them while out speaking on safe sleep and shaken baby syndrome.